

Supplementary Table S6. Item blueprint, English translation, and answer key for the full 27-item CCKT item pool

Items shaded in colour were excluded prior to or during main validation. White/light-blue rows constitute the final CCKT-18 ($n = 18$). Bloom's levels: Recall = knowledge retrieval; Understanding = comprehension of concepts/mechanisms; Application = clinical decision-making using WHO MEC criteria. COC = combined oral contraceptive; Cu-IUD = copper intrauterine device; DMPA = depot medroxyprogesterone acetate; MEC = Medical Eligibility Criteria; POP = progestin-only pill; STI = sexually transmitted infection.

No.	Item statement (English translation)	Domain	Bloom's level	Answer key	Disposition
B1 — General reproductive health knowledge (Items B.1.1–B.1.6)					
B.1.1	No contraceptive method is 100% effective in all circumstances.	B1	<i>Recall</i>	True	Excl. — $a < 0.80$ (Phase 4)
B.1.2	In a typical menstrual cycle, the post-menstrual phase is an absolutely safe period for unprotected intercourse.	B1	<i>Recall</i>	False	Excl. — $a < 0.80$ (Phase 4)
B.1.3	Traditional contraceptive methods (calendar/rhythm method, withdrawal, etc.) are as effective as modern hormonal methods (oral contraceptive pills, implants, hormonal IUDs, etc.).	B1	<i>Understanding</i>	False	Excl. — $a < 0.80$ (Phase 4)
B.1.4	Pregnancy cannot occur during a woman's first sexual intercourse.	B1	<i>Recall</i>	False	Excl. — $a < 0.80$ (Phase 4)
B.1.5	The withdrawal method (coitus interruptus) does not protect against sexually transmitted infections (STIs).	B1	<i>Recall</i>	True	Excl. — $a < 0.80$ (Phase 4)
B.1.6	The timing of ovulation can vary between cycles in the same woman.	B1	<i>Understanding</i>	True	Retained — CCKT-18
B2 — Basic knowledge of contraceptive methods (Items B.2.1–B.2.7)					
B.2.1	Male condoms can provide protection against sexually transmitted infections (STIs).	B2	<i>Recall</i>	True	Excl. — $ Q3 > 0.20$ (Phase 4)
B.2.2	The copper intrauterine device (Cu-IUD) is inserted into the cervix of the uterus.	B2	<i>Recall</i>	False	Retained — CCKT-18
B.2.3	The copper intrauterine device (Cu-IUD) can be used as a method of emergency contraception.	B2	<i>Application</i>	True	Retained — CCKT-18
B.2.4	Emergency contraceptive pills can be taken multiple times within a single month.	B2	<i>Understanding</i>	False	Excl. — $a < 0.80$ (Phase 4)
B.2.5	Daily oral contraceptive pills can cause permanent infertility.	B2	<i>Understanding</i>	False	Retained — CCKT-18

No.	Item statement (English translation)	Domain	Bloom's level	Answer key	Disposition
B.2.6	Female sterilization (tubal ligation) is a near-permanent contraceptive method, and restoration of fertility following the procedure is very difficult.	B2	Understanding	True	Retained — CCKT-18
B.2.7	If one combined oral contraceptive pill (COC) is missed and remembered the following day, two pills should be taken on the day of recollection, then the pack continued as normal.	B2	Application	True	Retained — CCKT-18
B3 — Mechanisms of action (Items B.3.1–B.3.6)					
B.3.1	Combined oral contraceptives (COCs) primarily prevent pregnancy by suppressing ovulation.	B3	Understanding	True	Retained — CCKT-18
B.3.2	The copper intrauterine device (Cu-IUD) primarily prevents pregnancy by thickening cervical mucus to block sperm from reaching the egg.	B3	Understanding	False	Retained — CCKT-18
B.3.3	Emergency contraceptive pills can prevent pregnancy by disrupting or dislodging an already implanted embryo.	B3	Understanding	False	Retained — CCKT-18
B.3.4	Condoms prevent sexually transmitted infections (STIs) by forming a physical barrier that prevents contact with bodily fluids.	B3	Recall	True	Retained — CCKT-18
B.3.5	Progestin-only injectable contraceptives (DMPA) exert their contraceptive effect primarily through a local action on the uterus.	B3	Understanding	False	Retained — CCKT-18
B.3.6	Ovulation suppression is not the primary contraceptive mechanism of progestin-only pills (POPs).	B3	Understanding	True	Retained — CCKT-18
B4 — WHO MEC clinical counseling knowledge (Items B.4.1–B.4.8)					
B.4.1	A 20-year-old nulliparous woman is eligible to use an intrauterine device (IUD) for contraception.	B4	Application	True	Retained — CCKT-18
B.4.2	A woman who is 5 weeks (35 days) postpartum and currently breastfeeding can safely initiate combined oral contraceptives (COCs) for contraception.	B4	Application	False	Retained — CCKT-18
B.4.3	A 30-year-old woman diagnosed with moderate iron-deficiency anaemia should be advised to avoid progestin-only injectable contraceptives (DMPA).	B4	Application	False	Retained — CCKT-18
B.4.4	Emergency contraceptive pills can be used in women with obesity (BMI $\geq$ 30).	B4	Application	True	Retained — CCKT-18
B.4.5	A 23-year-old male patient with a documented history of latex allergy should be advised to use standard latex condoms.	B4	Application	False	Excl. — I-CVI $<$ 0.83 (Phase 2)
B.4.6	A woman with uterine fibroids in whom the uterine cavity is not distorted remains eligible to use a copper intrauterine device (Cu-IUD).	B4	Application	True	Retained — CCKT-18

No.	Item statement (English translation)	Domain	Bloom's level	Answer key	Disposition
B.4.7	A 32-year-old woman with uncontrolled hypertension (168/102 mmHg) can safely use combined oral contraceptives (COCs).	B4	<i>Application</i>	False	Retained — CCKT-18
B.4.8	A 37-year-old woman who smokes 10 cigarettes per day can safely use combined oral contraceptives (COCs).	B4	<i>Application</i>	False	Excl. — Q3 > 0.20 (Phase 4)

Note. Item B.4.5 was the sole item excluded during Phase 2 expert review ($I\text{-}CVI < 0.83$, six-specialist panel). Items B.1.1-B.1.5 and B.2.4 were excluded during IRT-based item reduction for low discrimination ($a\text{-parameter} < 0.80$). Items B.2.1 and B.4.8 were excluded due to local dependence with items B.3.4 ($|Q3| = 0.272$) and B.4.7 ($|Q3| = 0.456$), respectively. The item with $I\text{-}CVI < 0.83$ excluded in Phase 2 is reported in Supplementary Table S1 (CVI results).